

NEED2 ANNUAL REPORT 2019-2020

SUICIDE PREVENTION EDUCATION & SUPPORT

NEED2 operates on the traditional territories of the Lkwungen and WSÁNEĆ peoples.
Staff and volunteers affirm our efforts towards reconciliation and acknowledge the impact of colonialism and historical trauma on the individuals and communities we serve

our year at a glance...

4530 chats with youth on **youthspace.ca**

"Thank you for all the many times you listen when I need an ear, it's much appreciated and the work you do does not go unnoticed. Other than that things have been going ok for me" - Youthspace.ca Visitor

6 people on average attended monthly Support for Suicide Loss support group

"The [SEA] presentations create emotional safety, empathy, and connectedness among our students which open the door for them to ask for help"
- School Counselor

1075 chats involving suicide risk assessment
(1 in 4)

731 students received mindfulness instruction

182 interventions performed

197 visitors enrolled in the Youthspace.ca Follow-up Program

134 NEED2 volunteers donated **6958** hours

127 people trained in ASIST and safeTALK

2020 students received Suicide Education & Awareness (SEA) presentations this school year

55 new volunteers trained

142 students connected with a counsellor following a SEA presentation for further mental health support

"If I'm feeling stressed sometimes I'll use mindfulness to calm myself down. I will also use mindfulness if I can't fall asleep I use it to settle myself" - Grade 6 Student

"I fully believe that being able to express one's emotions and situation, no matter how difficult and hard to hear, and have them acknowledged non-judgmentally, is an important healing process and I found great satisfaction in helping people do that." - Youthspace.ca Volunteer

thank you to our partners & funders!



our board of directors and staff

Justine Thomson - Executive Director

Liz Radermacher - Operations Manager

Daria Patterson - Youthspace.ca Coordinator

Emma White - Admin & Communications Assistant

Julia Leggett - Clinical Coordinator

Izzy Dehler-Hyde - Youthspace.ca Facilitator & Trainer

Renata Hindle - SEA Program Manager

Debbie Scarfone - Bookkeeper

Program Facilitators

Cheryl Love
Emerald Pringle
Joe Savidge
Justin Robertson
Krysta Gmitroski
Max Krauss
Nat Karpovskaia
Nicky Nicholas
Serena Martin
Shyam Singh
Sive Emo
Tiahna Moorthy
Zoe Plant

Janine Mayers - Board Chair

Michael Munro - Vice Chair & Treasurer

Duncan Low - Board Member

Taryn Castles - Board Member

Heather Richards - Board Member

Kelly Farish - Board Member